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## **Demystifying The Out Of Body**

A healthy person never gives a second thought to how to balance the body during everyday activities. However, it is a very unsettling feeling when something goes wrong in the balance system ...

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We take a closer at the terms and phrases used to describe a variety of wines so that you can become a wine connoisseur in time for summer.

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At 44 years old, Davina McCall started experiencing night sweats. She needed to get up for the loo two or three times every night and felt so sleep-deprived during the day, she couldn't read the ...

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1 A Genealogy of Bodily Practices in Post-Soviet Cuba 1 A Genealogy of Bodily

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Lock's path-breaking scholarship on the  
anthropology of the body, spanning her

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Of course, there are all sorts of factors that can play into good sleep, from your pillows to what you're wearing, but one element that's important to think about, according to a doctor whose TikTok ...

### **Doctor shares clever sleep trick for feeling refreshed when you wake up**

Feeling sluggish in the morning is no fun at all, and especially annoying when you can't put your finger on why was your night's sleep wasn't as restorative as you hoped it would be. Dr Karan Raj is ...

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Public policy is never argued at all but

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when other points fail.” -Burrough J. I.

INTRODUCTION The aforesaid statement[1] depicts the elusive nature of ‘public policy’ in le ...

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Identifying the infectious agent exactly, rather than ruling out one single infectious agent ... IgG forms to help the body identify an infectious agent should it encounter it again. If the virus is ...

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She tried out at least 10 different sets, shortlisted three and finally zeroed in on one that "spoke to her". "Her body and

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mind, she claimed, reacted in a good way when she tried out that ...

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